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Solution: Clearly, $\tan A + \tan B + \tan C = \tan A \tan B \tan C = \frac{8(\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2})(\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2})}{\cos A \cos B \cos C}$.
Since, $1 - \cos A = 2 \sin^2 \frac{A}{2}$ and $\tan A + \tan B = \frac{\sin C}{\cos A \cos B} = \frac{2 \sin \frac{C}{2} \cos \frac{C}{2}}{\cos A \cos B}$ and similarly for others,
the desired inequality is equivalent to $\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2} \leq \frac{3\sqrt{3}}{8}$ or $\sin A + \sin B + \sin C \leq \frac{3\sqrt{3}}{2}$.
But from the concavity of $\sin x$ on $[0, \frac{\pi}{2}]$; $\frac{\sin A + \sin B + \sin C}{3} \leq \sin \frac{A+B+C}{3} = \frac{\sqrt{3}}{2}$.